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5 Messages

Digest #4203

- 1a [Feldenkrais Awareness through Movement Claases](#) by asncalert
- 2 [The L.A.River PAST, PRESENT, FUTURE 4/5](#) by asncalert
- 3 [Suspects Arrested in Copper Thefts](#) by asncalert
- 4 [A Proposal for Every Mile of the L.A. River](#) by asncalert
- 5 [The Elliott Caine Quartet at Colombo's Italian Steakhouse and Jazz C](#) by asncalert

## Messages

### 1a [Feldenkrais Awareness through Movement Claases](#)

Tue Apr 1, 2014 9:57 pm (PDT) . Posted by: [asncalert](#)

Jenna Blaustein  
Mount Washington

These classes are being offered at Carlin G. Smith, great for learning new ways to move, helpful for improving balance, posture and decreasing pain. Offered Wed 7:00 and or Friday at 10:30am. Cost is \$36.00 for nine classes (a steal, usually costs \$16-20 dollars per class). Bring a blanket and a towel, most lessons are done lying down.

Start date- Friday April 4th, sign up through Carlin G. Website.

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### 2 [The L.A.River PAST, PRESENT, FUTURE 4/5](#)

Tue Apr 1, 2014 9:57 pm (PDT) . Posted by: [asncalert](#)

The L.A.River  
PAST, PRESENT, FUTURE  
A CONFERENCE FUNDED BY THE MELLON ELEMENTAL ARTS GRANT  
Saturday, April 5, 2014

9 a.m. — 5 p.m.

Pomona College

Smith Campus Center, Rose Hills Theatre,

170 East 6th Street, Claremont, CA 91711

Contact Information: Professor George L. Gorse, Art History, Pomona College

ggorse@pomona.edu • (909) 607-3914

#### MORNING SESSION

(9 a.m.—Noon)

Lewis MacAdams

Poet and founder of Friends of the L.A. River

Professor William Deverell

History Dept., USC, and Director of the USC-Huntington Institute on California and the West

Break for lunch from noon to 1:30 p.m.

#### AFTERNOON SESSION

(1:30—5 p.m.)

Mia Lehrer

Landscape architect and consultant to the L.A. River Revitalization Master Plan

Lauren Bon

a Director of the Annenberg Foundation and Metabolic Studio, artist who submitted a sustainability project for L.A. River

Round Table Discussion among speakers and audience at end of day

For more details, please visit our website: <http://www.lariver.org> <http://www.lariver.org>

Email address: [lariver@lacity.org](mailto:lariver@lacity.org) <mailto:lariver@lacity.org>

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### 3 **Suspects Arrested in Copper Thefts**

Tue Apr 1, 2014 9:57 pm (PDT) . Posted by: [asncaalert](#)

Mon Mar 31, 2014 10:14 am on [mhia@yahoogroups.com](mailto:mhia@yahoogroups.com) <mailto:mhia@yahoogroups.com>

Posted by: "Martha Benedict" [mfbenedict](mailto:mfbenedict)

Sunday morning two suspects were taken into custody at the radio tower gate. These individuals may be connected to copper thefts that have occurred over the past year at the radio facility as well as in Montecito and Debs Park. They also may be associated with possible damage in the Broadview solar array. There had been recent reports of intrusions into the installation, but a full inspection has yet to be

conducted to confirm thefts or vandalism.

Martha Benedict for Roy Payan  
(Roy's having computer problems)

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#### 4 [A Proposal for Every Mile of the L.A. River](#)

Tue Apr 1, 2014 9:58 pm (PDT) . Posted by: [asncaalert](#)

By Carren Jao |  
March 26, 2014

<http://www.kcet.org/socal/departures/lariver/confluence/river-notes/a-proposal-for-every-mile-of-the-la-river.html>

For the last ten weeks, California State Polytechnic University, Pomona students have been working on their own discrete mile of the river, attempting to understand the nuances of each small part that makes up the 51-mile whole. "It's a nice way to understand the river as a whole system," said Rennie Tang, assistant professor of Landscape Architecture, who teaches a ten-week class alongside two other instructors, Doug Delgado and Phil Pregill. "We encouraged them not to just look at the river itself but at the adjacent communities," she said as we spoke about the project.

At Mile #34 in Vernon, where the last armed resistance in the Mexican-American war occurred, student Jose Devora found a mostly industrial site. Construction workers mostly hung out in the parking lots, eating their lunch. Devora's proposal considers the possibility of turning those abandoned train tracks into pedestrian corridors that would cater to the working community in Vernon. An elevated structure would raise people above the din of construction and show them the bigger picture of their city.

At Mile #12, between Fulton and Coldwater Canyon Avenue, Michael Paccone offered a daring plan hinged on the question, "Could we bridge the gap between the two river banks by capping the river?" Paccone theorizes that the neighborhood might be better connected with such a proposal.

Another theme that kept cropping up in the proposals was how to address environmental issues along the river. "There was definitely a strong ecological bent, especially toward the end where it's dirtier," said Tang. Proposals included using plants that would clean the river, adding wetlands, or removing some concrete surfaces to allow more water into the ground.

At Mile #48 Alexander Wade found himself at a transition area, where the river's concrete hard bottom met a natural soft bottom. To capitalize on this rare transition point, Wade proposed building an environmental education center where one can view the wildlife flourishing on the soft bottom and the sudden man-made intervention of the concrete.

Parallel to this project, each student was given another assignment: to build a model of his or her mile of the Los Angeles River. Each student had to laser cut a 1/8 inch-thick slice of the river, which put together would mimic the path of the river. The slices of the river came complete with miniature renderings of bridges, the creeks that flowed into the river, and even the wildness of the soft-bottom areas.

Hung up from rods at the ceiling, the model wound its way through the main gallery of the College of Environmental Design. Though infinitely smaller in scale, the students' models captured just how far-reaching this waterway is in Los Angeles.

Curious to see what students thought of the river in your neighborhood? Check out the proposals here. <http://51propositionsfortheriver.wordpress.com/>

A Proposal for Every Mile of the L.A. River

About the Author

Carren is an art, architecture and design writer and an avid explorer of Los Angeles. Her work has been spotted on Core77, Dwell, Surface Asia, and Fast Co.Design. You can find her online and on Twitter. [MORE](#)

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## 5 The Elliott Caine Quartet at Colombo's Italian Steakhouse and Jazz C

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The Elliott Caine Quartet (EC-trumpet, Gary Blumer-piano, Bill Markus-bass, Kenny Elliott-drums) performs at Colombo's Italian Steakhouse and Jazz Club; 1833 Colorado Blvd., Eagle Rock 90041; on Saturday, April 12, from 9:30pm to Midnight. For more information/reservations, please phone: 323-254-9138. No cover charge.

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